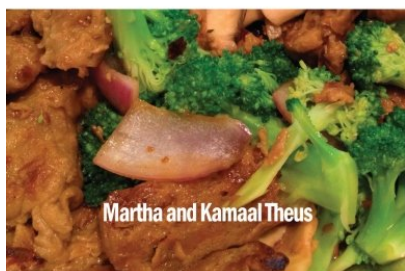


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*Our Family's Simple, Proven System to Jumpstart Your
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by Martha L Theus : **The Vegan System: Our Family's Simple, Proven System to Jumpstart Your Vegan Journey**

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Description :

PDF-d3509 | On April 9, 1985 I ate my last animal at breakfast. It was a pig - or should I say a part of a pig - pork chops to be exact! I was raised in Detroit and grew up eating soul food because my parents were both from the south. We ate meat at least three times a day... In 1985, after moving to Los Angeles, I met (my husband) Londale who introduced me to the concept of vegetarianism and compassionate li... *The Vegan System: Our Family's Simple, Proven System to Jumpstart Your Vegan Journey*

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