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Spork-Fed: Super Fun and Flavorful Vegan Recipes from the Sisters of Spork Foods PDF



by Jenny Engel : **Spork-Fed: Super Fun and Flavorful Vegan Recipes from the Sisters of Spork Foods**

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Description :

PDF-12c21 | Foreword by sisters Emily Deschanel (star of the TV series 'Bones') and Zooey Deschanel (film and TV actress) Spork-Fed is a savvy, upbeat introduction to vegan cuisine written by sisters who know great food! Flavor is the top priority in these easy-to-prepare recipes, many of them gluten-free. With full-color photographs throughout, this visually striking book shows you how to make everything from... *Spork-Fed: Super Fun and Flavorful Vegan Recipes from the Sisters of Spork Foods*

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