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by Ben Hirshberg : **Paleo Ice Cream: 75 Recipes for Rich and Creamy Homemade Scoops and Treats**

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Description :

PDF-ad081 | COLD • SWEET • CREAMY • PALEO Indulge yourself without giving up that healthy paleo lifestyle. With the delicious, dairy-free ice cream recipes in this book, you can delve into all your favorite flavors. Recipes range from the classics to the more sophisticated palate-pleasers, including: • Chocolate • Mint Chip • Cookie Dough • Banana Walnut • Strawberry Cheesecake • Salted Caramel • ... *Paleo Ice Cream: 75 Recipes for Rich and Creamy Homemade Scoops and Treats*

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