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by Jessica Murnane : **One Part Plant: A Simple Guide to Eating Real, One Meal at a Time**

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PDF-6088b | "This book is joyful, playful, delicious, and guess what? It will also change your life. I invite you to follow Jessica into the vast green wilderness."—Lena Dunham Wellness advocate and podcaster Jessica Murnane is the friend you never knew you had. And she's here with a cookbook to help you make a change you never thought was possible. In *One Part Plant*, Jessica has a friendly request: that y... *One Part Plant: A Simple Guide to Eating Real, One Meal at a Time*

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