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The New Vegan: Great Recipes, No-Nonsense Advice, and Simple Tips PDF



by Aine Carlin : **The New Vegan: Great Recipes, No-Nonsense Advice, and Simple Tips**

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PDF-03a81 | Want to go vegan but don't know where to begin? The New Vegan by Aine Carlin is the "one-stop-shop" book you've been looking for. In this wonderfully practical book there are more than 90 mouth-watering plant-based recipes carefully tailored for people giving up meat and dairy. From Queso-less Quesadillas to Jerk-Style Cauliflower Steaks, Macadamia & Blueberry Cream Pie, and beyond, The New Vegan i... *The New Vegan: Great Recipes, No-Nonsense Advice, and Simple Tips*

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