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The New Cast Iron Skillet Cookbook: 150 Fresh Ideas for America's Favorite Pan PDF



by Ellen Brown : **The New Cast Iron Skillet Cookbook: 150 Fresh Ideas for America's Favorite Pan**

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Description :

PDF-1a1c5 | Cast iron skillets are booming in popularity: they're versatile, they're relatively inexpensive, and they don't have the toxic chemicals released by artificial nonstick pans. Though cast iron was the only pan in grandma's kitchen, these 150 recipes are fresh and updated, from cornbread with Parmesan cheese and sun-dried tomatoes to frittatas, Vietnamese spring rolls, and to-die-for sticky buns. ... *The New Cast Iron Skillet Cookbook: 150 Fresh Ideas for America's Favorite Pan*

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