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Hungry Girl Supermarket Survival: Aisle by Aisle, HG-Style! PDF



by Lisa Lillien : **Hungry Girl Supermarket Survival: Aisle by Aisle, HG-Style!**

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Description :

PDF-45964 | Finally . . . a real-world guide that will help you navigate the supermarket and stock up on guilt-free foods, from mealtime must-haves to snack finds and more! It's Hungry Girl's ultimate resource for grocery-store survival---a must-own manual that makes shopping for better-for-you foods easy and fun! Inside you'll find:* HG All-Stars and grocery-store standouts! * Calorie counts and comparisons ... *Hungry Girl Supermarket Survival: Aisle by Aisle, HG-Style!*

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