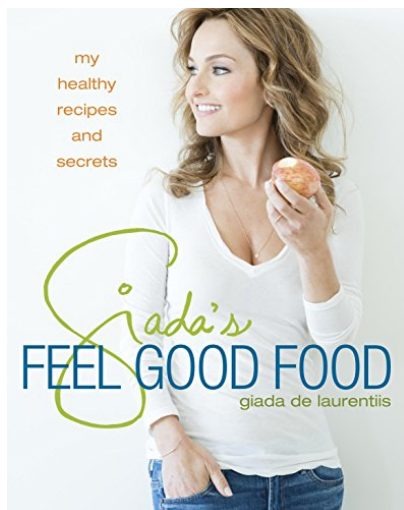


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by Giada De Laurentiis : **Giada's Feel Good Food: My Healthy Recipes and Secrets**

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PDF-63f78 | Food Network's most beautiful star reveals her secrets for staying fit and feeling great in this gorgeous, practical book with healthy recipes including nutritional information, and personal lifestyle and beauty tips. Finally answering the question her fans ask most often, "How do you stay so trim?," Giada De Laurentiis shares the delicious easy recipes and tips she uses to maximize energy ...

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