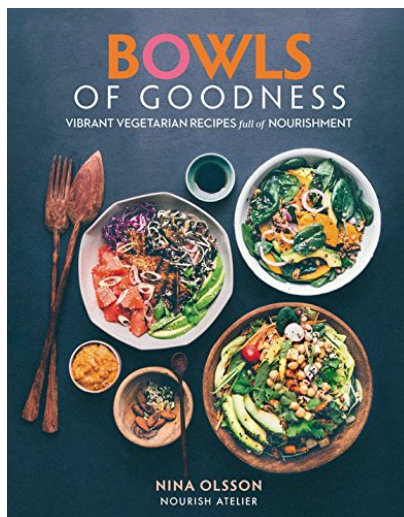


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by Nina Olsson : **Bowls of Goodness: Vibrant Vegetarian Recipes Full of Nourishment**

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PDF-0985e | Nina's recipes are always vegetarian and often vegan. Her food philosophy is all about balance and fun. 'Good food comes from a good source and is made from scratch at home with love.' This is wholesome vegetarian food at its best, inspired by cooking from around the world. It captures many of the ongoing culinary trends today - home-cooked comfort meals, plant-based recipes, power bowls, sharing ... *Bowls of Goodness: Vibrant Vegetarian Recipes Full of Nourishment*

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