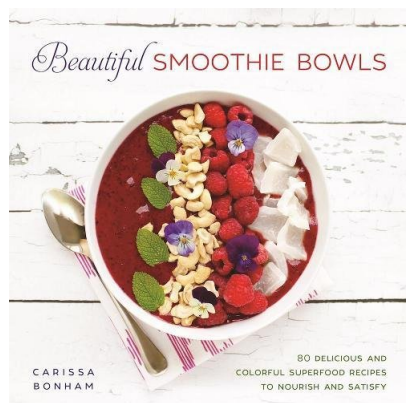


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PDF-7a16a | Imagine curling up on the couch with your favorite bowl piled high with a delicious frozen treat topped with fresh fruit and nuts--and what's in that bowl is actually good for you! Smoothie bowls make this dream a reality. Carissa Bonham, the writer behind the popular blog, Creative Green Living, pulls together eighty delectable recipes for smoothies so good that your kids, friends, and veggie-hati... *Beautiful Smoothie Bowls: 80 Delicious and Colorful Superfood Recipes to Nourish and Satisfy*

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