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by Jasmin Singer : **Always Too Much and Never Enough: A Memoir**

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PDF-45996 | One woman's journey to find herself through juicing, veganism, and love, as she went from fat to thin and from feeding her emotions to feeding her soul. From the extra pounds and unrelenting bullies that left her eating lunch alone in a bathroom stall at school to the low self-esteem that left her both physically and emotionally vulnerable to abuse, Jasmin Singer's struggle with weight defi... *Always Too Much and Never Enough: A Memoir*

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